




# PRIMARY GOAL


You are not here to make the account balance skyrocket overnight.  
You are here to pass the challenge.





01.

Maintain strict adherence to limits   
(Priority №1)

02.

Control and manage drawdown   
(Priority №2)



03.

Reach the profit target systematically    
(Priority №3)

In prop trading, success is defined by discipline,  
not an aggressive approach to trading.

# 1. NON-NEGOTIABLE RULES

Before you get started, list the specific parameters of your selected tariff plan. Example (Standard Challenge):

	Account Size: <b>\$10,000</b> 	
	Max Drawdown: <b>10% (\$1,000)</b>	
	Daily Loss Limit: <b>5% (\$500)</b>	
	Profit Target: <b>8% (\$800)</b>	
	Risk per Trade: <b>0.25% – 0.5%</b>	

[ These are not mere suggestions. These are the framework within which your trading system must operate. ]

## 2. PRE-TRADING CALCULATIONS

### RISK PER TRADE

Recommended threshold for prop trading: 0.25% to 0.5%.

Example for a \$10,000 account:

0.25% = \$25

0.5% = \$50

If you risk 2% (\$200) per trade, five consecutive stop-loss orders getting triggered will result in disqualification.

### DAILY LOSS LIMIT

If your limit is 5% (\$500), your operational limit must be more conservative—between 3% and 3.5%.

Example:

0.5% risk per trade.

3 consecutive stop-loss orders = -1.5%. This is a safe buffer.

If you hit a -2% loss in a single day, stop trading immediately.

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## 2.3 PROFIT MILESTONE PLAN

If the goal is 8% over 30 days:  $8\% / 30 = 0.27\%$  per day.

Week 1 → +2%

Week 2 → +2%

Week 3 → +2%

Week 4 → +2%

1 high-quality trade per day is enough.  
There is no need to aggressively grow your account balance.  
It's not a sprint. You do not need to hit the full 8% in 3 days.

# 3. MARKET SELECTION

## Pick assets

Select 1–3 assets (e.g., EURUSD, XAUUSD, NASDAQ). Avoid juggling too many assets at once.

## Keep an eye on the news

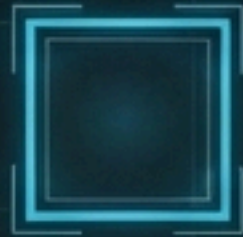
Before opening the trading platform: Check the economic calendar.

- Identify high-volatility events (e.g., central bank meetings, CPI data, NFP).
- Do not enter trades 30–60 minutes before or after these releases.



Note: Most prop firms restrict or prohibit trading during major news events.

## 4. PRE-SESSION PREP



Verify the remaining daily limit



Check current drawdown status



Review the news calendar



Identify market direction (trend or range)



Mark key technical levels

**IF ANY STEP IS SKIPPED (X), DO NOT ENTER THE MARKET.**

## 5. YOUR TRADING LOGIC



Clearly define your:

- Entry terms
- Stop-loss order placement
- Profit targets
- Risk/Reward Ratio

### Entry terms

1. Prevailing uptrend
2. Pullback to a level
3. Confirmation via candlestick pattern or formation

Only enter the market when  
all conditions align perfectly.

## 5.2 STOP-LOSS ORDER PLACEMENT & R:R



**1:1 (BAD)**



**RISK \$50**

**1:2 (GOOD)**

### STOP-LOSS ORDER PLACEMENT

- Place your SL orders based on technical logic:
  - Beyond support or resistance levels
  - Beyond the pattern (beyond the level of its completion)
  - Beyond recent price extremes (highs and lows)
- **Never trade relying on your intuition!**

**IF YOUR SYSTEM CONSISTENTLY YIELDS 1:1, IT IS NOT SUITABLE FOR A PROP CHALLENGE.**

## 6. CALCULATING POSITION VOLUME

**VOLUME = ALLOWED RISK / STOP-LOSS ORDER SIZE (in Pips)**

Example: \$50 / 25 pips = \$2 per pip

### ✓ ALLOWED

Permitted Actions:

- Moving stop-loss order to breakeven
- Scaling out (partial profit-taking)
- Closing early if the initial trade logic is invalidated

### ✗ FORBIDDEN

Prohibited Actions:

- Moving stop-loss orders
- Averaging down
- Increasing volume because the trade is "awesome" or FOMO

**ONLY MAKE A TRADE AFTER THIS CALCULATION IS COMPLETE.**

## 8. DAILY RISK MANAGEMENT



### THE THREE-STOP RULE:

**3 CONSECUTIVE LOSING TRADES**  
→ **TRADING IS DONE FOR THE DAY.**

### THE TWO PERCENT RULE:

THE ACCOUNT REACHES **-2%** FOR THE DAY  
→ **SHUT DOWN THE TRADING PLATFORM VOLUNTARILY.**

**PRESERVING YOUR CAPITAL IS MORE IMPORTANT THAN WINNING BACK YOUR LOSSES.**

# 13. HOW TO HANDLE THE DRAWDOWN

## ACTIONS

If the account balance reaches **-3%**:

- Lower your risk to **0.25%** per trade
- Trade only the strongest signals
- Reduce trade frequency



**The priority is to stop the decline, not to accelerate recovery.**

## 9. CONTROL AND JOURNAL

DATE	INSTRUMENT	ENTRY	RISK %	RESULT	VIOLATION?
2026-02-26	BTCUSDT	LONG	1%	+2.5%	NO
2026-02-26	ETHUSDT	SHORT	0.5%	-1.0%	YES (EARLY ENTRY)
2026-02-26	...	...	0.5%	+0.7%	NO
2026-02-26	...	...	...	...	...

**Every Friday:** Calculate profit/loss and check for violations.

**If you don't keep a journal — you are not a systematic trader.**

# 11. HOW TO KEEP YOUR EMOTIONS UNDER CONTROL



LOW BATTERY  
CRITICAL LEVEL



EMOTIONAL BACKGROUND

## NO-GO: YOUR TRADING RESTRICTIONS:

- ⊖ Never trade when exhausted
- ⊖ Never trade immediately after a series of losses
- ⊖ Never trade when feeling a gambling “itch” or thrill

In prop trading, impulses fail more often than strategies.

## 14. BUILT THE SYSTEM? TIME TO VERIFY IT



You have a viable system only if:

- [YES] Your risk is fixed
- [YES] Your entry terms are clear and objective
- [YES] Your trade frequency is controlled
- [YES] Your trading journal is up to date
- [YES] Your daily limits are set
- [YES] You have a clear milestone plan

Hit our AI Agent up to learn more about prop trading, choose the right challenge for you, and start your professional journey with confidence and ease.

👉 **START AI AGENT** 👈